9<sup>th</sup> Lymph Clinic Day Wolfsberg The conservative therapy of lymphoedema: What is certain and what new approaches are there? 19<sup>th</sup> – 20<sup>th</sup> April 2024 · Wolfsberg, Austria

# Final Programme









### The conservative therapy for lymphoedema: What is certain and what new approaches are there?

Dear Sir or Madam, Dear Colleague,

Insurance providers require that we all make changes to our structures and processes in order to integrate the participation goals defined by our patients into the individual and patient-oriented therapy and rehabilitation measures. This should be considered the benchmark for setting goals.

At this conference, we want to discuss the treatment options and measures for conservative therapy of lymphoedema and also show their limitations and how they can potentially be combined with surgical measures. What are the tried-and-tested concepts and therapies, what new approaches are available in medicine and research and how can these pool forces with our patients' participation goals?

In light of this, we would like to explore complex manual decongestive therapy with manual lymphatic drainage, bandaging options and alternatives such as ACWs, patient-oriented and individual compression, but also combinations with IPC, taping, exercise therapy and much more. We would also like to pay special attention to infantile lymphoedema.

Implementation of all measures necessary to achieve rehabilitation goals requires interdisciplinary cooperation between the different professional groups. We will be discussing this at our 9<sup>th</sup> Lymph Clinic Day in Wolfsberg.

We cordially invite you to join us!



Kind regards, Prim. Dr. med. Christian Ure Conference Chair

### Programme

### Friday, 19<sup>th</sup> April 2024

- 4:00 pm Registration and visiting the exhibition Practical demonstration
- 5:00 pm Welcome and introduction of topics em. Prim. Dr. med. Walter Döller, Wolfsberg, Austria Prim. Dr. med. Christian Ure, Wolfsberg, Austria Dr. med. Berit Seeland, Wolfsberg, Austria

#### I. Physical, conservative therapy

Chairs

Prim. Dr. med. Roland Celoud, Horn, Austria Dr. med. Stephan Wagner, Bad Zurzach, Switzerland

- 5:20 pm Update on physical medicine options for lymphoedema treatment (AKH Vienna point of view) Univ.-Prof. Dr. med. Richard Crevenna, MBA, MMSc, Vienna, Austria
- 5:40 pm A view from the peripheral hospital Clinic Klagenfurt and Lymph Clinic Wolfsberg (LKH) *Prim. Dr. med. Gert Apich, Klagenfurt, Austria*
- 6:00 pm ICF-Participation in rehabilitation Prim. Dr. med. Christian Wiederer, Baden, Austria
- 6:20 pm Compression and movement in lymphoedema current study results PD Dr. med. Anett Reißhauer, Berlin, Germany
- 6:40 pm Pressures under various compression therapy Prof. Jean-Paul Belgrado, PhD, Brussels, Belgium
- 7:00 pm Shock wave therapy in lymphology Prof. Dr. med. Karsten Knobloch, FACS, Hannover, Germany
- 7:20 pm Psychological treatment for chronic lymphoedema patients Katharina Loibnegger-Traußnig, MSc, Vienna, Austria
- 7:40 pmSummaryPrim. Dr. med. Christian Ure, Wolfsberg, Austria
- 8:00 pm Come-together and dinner

### Saturday, 20<sup>th</sup> April 2024

- 8:00 am Registration and visiting the exhibition Practical demonstration
- 8:45 am Welcome and introduction of topics em. Prim. Dr. med. Walter Döller, Wolfsberg, Austria Prim. Dr. med. Christian Ure, Wolfsberg, Austria Dr. med. Berit Seeland, Wolfsberg, Austria

II. Diagnostics and treatment of paediatric lymphoedema Chairs Dott. Alberto Onorato, PhD, Udine, Italy Andrzej Szuba, MD, PhD, Wroclaw, Poland

- 9:00 am Managing children with primary lymphoedema and lymphatic malformations *Prof. Isabelle Quéré, MD, PhD, Montpellier, France*
- 9:20 am Genetic aspects in primary lymphoedema and lymphatic malformations Prof. Miikka Vikkula, MD, PhD, Brussels, Belgium
- 9:40 am Outpatient care for children and adolescents with lymphoedema Eva-Maria Streicher, Munich, Germany
- 10:00 am New therapeutic options in treatment of lymphatic malformations Prof. Laurence M. Boon, MD, PhD, Brussels, Belgium
- **10:20 am** Break and visiting the exhibition Practical demonstration

III. Comorbidities and differential diagnoses Chairs Prof. Dr. med. Heinrich Ebner, Bozen, Italy Dr. med. Berit Seeland, Wolfsberg, Austria

10:50 am Post-traumatic burn care for children and adolescents Univ. Prof. Dr. med. Lars-Peter Kamolz, MSc, Graz, Austria

11:10 am The impact of lifestyle and nutrition for lymphoedema patients Dr. med. Gabriele Faerber, Hamburg, Germany

 11:30 am
 Lymphoedema and obesity – Two worlds colliding?

 Dr. med. Bianca-Karla Itariu, PhD, Vienna, Austria

11:50 am Lymphoedema and comorbidities – diagnosis and treatment of complex cases Andrzej Szuba, MD, PhD, Wroclaw, Poland

12:10 pm The transverse pressure Dr. med. Alfred Obermayer, Melk, Austria Ing. Reinhard Bauer, Melk, Austria

12:30 pm Lymphatic tissue homoeostasis in cardio-reno-vascular disease Assoc.-Prof. Dr. med. Giacomo Rossitto, MD, PhD, Padua, Italy

- 12:50 pm Summary and closing words em. Prim. Dr. med. Walter Döller, Wolfsberg, Austria Prim. Dr. med. Christian Ure, Wolfsberg, Austria Dr. med. Berit Seeland, Wolfsberg, Austria
- afterwards Brunch and common exchange
- Optional Visit the Lymph Clinic Wolfsberg

Please do not make any video recording and/or take photographs. Thank you.

### Lead and moderation

em. Prim. Dr. med. Walter Döller	Specialist for Surgery Emeritus Director of the Centre for Lymphology at the LKH Wolfsberg 9400 Wolfsberg, Austria
Dr. med. Berit Seeland	Specialist in Internal Medicine Head Physician Wolfsberg Lymphology Clinic at the LKH Wolfsberg Rehabilitation Clinic for Lymphangiology with Acute Care Unit 9400 Wolfsberg, Austria
Prim. Dr. med. Christian Ure	Specialist in Internal Medicine and Angiology Head of Department Wolfsberg Lymphology Clinic at the LKH Wolfsberg Rehabilitation Clinic for Lymphangiology with Acute Care Unit 9400 Wolfsberg, Austria

### Chairs and speakers

Prim. Dr. med.	Head of the Institute for Physical Medicine	Prof. Dr. med.	Professor emeritus at Ruhr University Bochum	Dr. med.	Specialist in General and Trauma Surgery
Gert Apich	and Rehabilitation	Heinrich Ebner	Past President SIF	Alfred Obermayer	Head of the Karl Landsteiner Institute of
	Klinikum Klagenfurt am Wörthersee		em. Head of Department of Vascular		Functional Phlebology Surgery
	9020 Klagenfurt am Wörthersee, Austria		and Thoracic Surgery		Senior Physician of the LK Melk Surgical
			Central Hospital Bolzano		Department
	Head of Physical Medicine		39100 Bolzano, Italy		Practice in Melk and Vienna
	at the LKH Wolfsberg				3390 Melk, Austria
	9400 Wolfsberg, Austria	Dr. med.	Specialist in General Medicine,		
Ing.	Research assistant	Gabriele Faerber	Phlebology, Lymphology,	Dott.	Specialist in Physical Medicine
	Institute for Functional Phebosurgery		Nutrition Medicine	Alberto Onorato,	and Rehabilitation
	3390 Melk, Austria	Center for Vascular Medicine	PhD	Linfamed Srl	
			22761 Hamburg, Germany		33100 Udine, Italy
	Lymphology Research and Rehabilitation Unit	Dr. med.	Specialist in Internal Medicine,	Prof.	Head of the Departement of Vascular Medicine
	Université libre de Bruxelles	Bianca-Karla Itariu,		Isabelle Quéré.	National Reference Centre for Rare Lymphatic
	808 route de Lennik CP 640	PhD	Metabolic Diseases	MD, PhD	and Vascular Diseases
	1070 Bruxelles, Belgium		Metabolic Diseases Centre Nº 12 Antonigasse	,	UA11 INSERM – UM IDESP. Campus Santé,
	Scientific Collaborator:		1180 Vienna, Austria		Montpellier Cedex 5
	Lymphology Clinic Santorso — Asiago				University of Montpellier
	USSL 7 Veneto, Italy		Professor and Chair		34090 Montpellier, France
	Lymphology Dpt Vasc Med Montpellier,	· · · · · · · · · · · · · · · · · · ·	Division of Plastic, Aesthetic and		
	France	MSc	Reconstructive Surgery	PD Dr. med.	Head of the Physical Medicine Department
	Honorary Professor: Vasil Levski University,		Department of Surgery	Anett Reißhauer	Charité-Universitätsmedizin Berlin
	Bulgaria		Medical University Graz		Corporate member of Freie Universität
Prof.	Coordinator of Saint-Luc University Clinics		8036 Graz, Austria		Berlin and Humboldt Universität zu Berlin
	Vascular Malformation Centre		Director		10117 Berlin, Germany
	Department of Plastic, Reconstructive and		COREMED - Centre for Regenerative	AssocProf.	Specialist in Internal Medicine
	Aesthetic Surgery		and Precision Medicine	Dr. med.	Associate Professor
	Brussels, Belgium		JOANNEUM RESEARCH	Giacomo Rossitto,	Department of Medicine (DIMED)
	-		Research Organisation mbH	MD, PhD	University of Padua
	Head of		8010 Graz, Austria	110,110	
	Institute of Physical Medicine,				Honorary Research Fellow
	Rehabilitation and Occupational Medicine	Prof. Dr. med.	SportPraxis Prof. Knobloch		Institute of Cardiovascular and Medical Sciences
	Landesklinikum Horn	Karsten Knobloch,	30159 Hannover, Germany		University of Glasgow, UK
	President of the Austrian Society for	FACS		Eva-Maria Streicher	Physiotheranist
	Physical Medicine ÖGPMR	Katharina	Psychological practice		Physiotherapy practice
	3580 Horn, Austria	Loibnegger-	1140 Vienna, Austria		Lymph Centre Großhadern
Univ-Prof Dr med	Head of the Department of	Traußnig, MSc	n io vienna, naotna		81375 Munich, Germany
	Physical Medicine	naubing, moc			·
MBA, MMSc	Rehabilitation and Occupational Medicine			Andrzej Szuba,	Professor of Medicine
·	Medical University of Vienna			MD, PhD	Department of Angiology and Internal Diseases
	-				Faculty of Medicine
	1090 Vienna Austria				
	1090 Vienna, Austria				Wroclaw Medical University

Prof. Miik MD, I

Prof. Miikka Vikkula, MD, PhD	Clinical Geneticist Professor of Human Genetics Co-Director, de Duve Institute Member of the Royal Belgian Academy of Medecine Human Molecular Genetics, de Duve Institute University of Louvain (UCLouvain) Brussels, Belgium
Dr. med. Stephan Wagner	Specialist in Angiology and Internal Medicine Phlebology SGP Senior Consultant, Angiology ZURZACH Care 5330 Bad Zurzach, Switzerland
Prim. Dr. med. Christian Wiederer	Specialist in Physical Medicine and General Rehabilitation Senior President of the Austrian Society for Physical Medicine ÖGPMR Medical Director Klinikum am Kurpark Baden 2500 Baden, Austria
	Deputy Medical Director Kokon — Rehab for young people 2822 Bad Erlach, Austria

#### With kind support from:

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- 1090 Vienna, Austria, schuhfriedmed.at and
- Bösl Medizintechnik GmbH
- 52068 Aachen, Germany, boesl-med.de/english

### General information

Place	KUSS Congress & Eventcenter Wolfsberger Stadtwerke GmbH St. Thomaser Straße 2 9400 Wolfsberg, Austria kuss-wolfsberg.at
Date, Time	Friday, 19 <sup>th</sup> April 2024 5 pm – 8 pm: Congress From 8 pm: Come together with dinner Saturday, 20 <sup>th</sup> April 2024 8:45 am – 1 pm Optional: Visit the Lymph Clinic Wolfsberg
Conference chair	Prim. Dr. med. Christian Ure
Scientific lead	em. Prim. Dr. med. Walter Döller
Congress coordinator	OÄ Dr. med. Berit Seeland
Organiser	LYMPHKLINIK WOLFSBERG LKH-Wolfsberg, KABEG Paul-Hackhofer-Straße 9 9400 Wolfsberg, Austria lymphklinik.at in collaboration with Juzo Academy Julius Zorn GmbH Juliusplatz 1
	86551 Aichach, Germany juzo.com
Simultaneous interpreting	German, English and French
Certification	You will receive a confirmation of participation.

## Registration

#### academy-congresses.com

password: wolfsbergL24 After a successful registration you will receive a confirmation e-mail.



#### Close of registrations 10<sup>th</sup> April 2024

Remaining seats can be requested by phone after the registration deadline.

#### **Registration fee**

<ul> <li>• 69.00 € incl. statutory VAT</li> </ul>				
Please transfer the registration fee in advance to the following account.				
Bank details:	Austrian Anadi Bank			
Receiver:	Landeskrankenhaus Wolfsberg			
IBAN:	AT87 5200 0000 0134 0034			
BIC:	HAABAT2K			
Code:	name of the attendee, 9 <sup>th</sup> Lymph Clinic Day			

#### Conference coordinator

 Contact address Lymph Clinic

 Corinna Blagusz

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 info@lymphklinik.at

#### Accommodation

If you need accommodation please contact the Juzo Academy (julia.hoermann@juzo.de). We have set aside corresponding contingents at various hotels.

#### Privacy statement

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Photographs will be taken during the event and published as part of the event coverage. If you do not wish to be photographed, please let the photographer know at the venue.